

Master CVV Birthday Celebrations in the Nilagiris, Day 2

3 August 2014

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2nd Discourse by Master Pavathi Kumar



Hearty fraternal greetings and very good wishes.

It is indeed a training for the mind, body and senses to submit oneself to a tough routine once in a while to see how rigid it is or how resistant one's body is or how amicable it is to the tasks relating to the light. We prepare our body according to our attitudes. By keeping it light, swift, flexible, it helps us fulfil the tasks since it will be able to receive the subtle energies. When it is not flexible, it is not able to receive the subtle energies that are transmitted to us during the prayers and contemplations. Mundane mind offers resistance to the energies that are being transmitted and that means that you have not prepared your vehicle adequately to receive the light. When one trains the body to be oriented towards light, it becomes a facility. Generally the mode of life makes the body more an impediment than a facility. It becomes a facility when it can relate to light or with activity relating to light with enthusiasm. But when repulsion or indifference develops, it means that we are developing a vehicle which is contrary to our purposes. It is self-defeating. A vehicle is prepared according to one's own behavioural attitudes. It is developed over many incarnations. The work of the Master is to transmit energies into us so that we become normalized or less unnatural. We are basically not normal. We walked away from normality and naturality. We should be brought back to our original conditions and then it can be developed further. First the distortions must be eliminated and later the sculpture can be carved which serves the Divine purpose, a noble purpose, a purpose that serves

the life at large and a purpose that inspires for the lives to come.

To develop to that extent, the Master has undertaken the task. The beauty with the Master whom we follow is that he tends to supply energies every morning and every evening when we invoke him. It may not be known to the one who he in prayer. The student who offers himself to pray and the moment he invokes consciously, the sound relating to the energy starts working and the transmission happens. We should let it happen. It is like we are set into a process and the process is on and we should submit to it, until the process is completely. It should be a daily submission. We should submit ourselves to the Master so that the energies of Uranus, the rays of Uranus enter into the minutest of the atoms of our body and re-structuring of the tissues and cells of the body happens. The inertia in the cells of the body is removed and cleansing happens. Let the energy work in you and do not meddle with it.

There are many ways and traditions of practices to relate to light. Master CVV says, all that apart, sit twice a day and invoke the Master, let the energies enter into you and work in you. Visualise that the energies are entering into you after invocation. It is like what I said in prayer today "Miller form centre". He is the miller who takes to the heart centre and starts working out the needed adjustments. The Millers, who is the Master, he mills the raw energies that we have, refines them in every way, just like the milling of seeds and can be used well. The energy system in us should become so fine that the light can permeate through every cell and tissue of the body and you become an outpost relating to light.

Impulses come from within and as you follow them, slowly the refinement keeps happening. This work gradually happens and the knowledge also unfolds in us gradually. The beauty of the Master is that he arranges a cut-off with the objective work in such a way that you are put away from the things or matters or events that do not benefit you. It is like a caterpillar getting into a cocoon until it becomes a butterfly. He cuts away the unnecessary activity relating to life so that you move into orderly energies. He ensures that your activity is strictly regulated. So our day is tailor-made by the Master. So only essential activities happen and self-regulated. All this happens when prayers happen regularly. You resist disease, decay and death through prayer. Your daily life becomes more and more orderly. It happens through the electromagnetic energies that enter into us through prayers. That is why the regulations at morning 6 and evening 6 are given as a basic means to bring back the entire life into order.

As far as this is followed, however ignorant you are of Scriptures doesn't matter. Slowly things start moving in a manner that you are guided from within, instruct from within, taught from within and life is set to order. That is the beauty of it.

Do not think of any other mantra or practices during this prayer. There may be many other practices which are true but you need not do anything during prayer. Master will take care of all that. He will do everything for us. Just submit to himself. He sets you to a no mind situation and takes care of the matter in you. At all levels the matter is rectified. That is how he is the Master Miller. He will conduct all the needed transformations and you may not know anything that happens some of the times. It may be known to you many years later of what transformation has happened within you. Therefore have confidence in the Master and submit to the Master atleast 2

times a day and much more time on holidays.

This path is by itself complete because it has come directly from the Will of the Brahman so that the entire humanity is uplifted. All other practices and rituals are optional which may or may not be followed as per your convenience and interest and based on the family tradition. It is the most convenient, most comfortable practice that the Master suggested which enables humans from all backgrounds to relate the energy through the sound and then have the gradual unfoldment.

In this path, gradual unfoldment happens and a lot of information relating to many theologies pours into you in a very synthetic manner. So have this as the priority and follow it without fail. Let other things be optional.

Once that energy functions in us, it is a different kind of unfoldment, it is a different brain. It is a brain beyond your brain that starts working with you. It is the essential characteristic of Uranus. It is Mercury beyond Mercury. It is Jupiter beyond Jupiter. It is like Super Mercury and Super Jupiter. The superior aspect of the same principle starts functioning with the principles which are with you through the human constitution. It is beauty by itself. Once you know that, you devote more and more time with the prayer.

There are many examples of how quickly lives of people have been transformed, rearranged and re-adjusted, by walking this path. We don't have to think too much about ourselves. Master will take care of everything. You don't even have to make choices. When you with the Master and still make choices, it means that you are still not in full trust with the Master. Let Master choose for you. When Master chooses, he will choose that which is good for you. So let us accept life as it comes in full trust towards the Nature, Light and Master. The life unfolds in such a manner that you would never have imagined. If you want to decide at times, he will let us decide. He gives us absolute freedom. If you want him to decide, he will decide but if you wish to decide, he will let you decide. He is the best friend that one can have. You can't find such a friend. The mind's plan is very pitiful but the Master mind has better things to offer.

Let us take to a few regulations given in the book released yesterday.

"One should know that the persons around have different perceptions and views and synthesising those collected perceptions enables collective functioning and collective progress."

Everyone has his own perception because each one has his own background, experience and exposure. When these perceptions are all synthesized, you will be able to work as a group. Only such a synthesized one can become a good leader. No one should be neglected.

I will narrate a story in this aspect.

There were once a group of Master Masons who decided to build a very beautiful temple in tune with Masonic principles. All temples in olden days are built according to masonic dimensions. That is why they vibrate so well. One should know to relate to them to experience those vibrations.

So these Master masons learnt from their Master how to prepare bricks and how to

build a temple with those bricks. They were preparing bricks to build the temple. An old person came from another place and he approached them saying that he has a brick and it can be used if required. They did not know him, so they gently refused his offer. They went on building the temple. Ultimately the temple was on the verge of completion but one brick could not be fixed and they could not make that brick even after many trials. They were all surprised and one of them goes into meditation to talk with their Master to know the reason. He comes to know that they rejected one brick that was offered to them by a stranger and as a result they could not complete the temple. He informed the group and then they wanted to know who that person was. They did not know his name nor his whereabouts. So they divided themselves into 4 groups and went in search of him in 4 directions.

After many years, one group found the person. They enquired him saying, "Are you the person who offered us the brick?" That old man said, "Yes!" They apologised to that person and requested him to give them the brick they rejected earlier. The old person said, "I left it somewhere in a godown and you need to search for it." They went to the godown and there was lot of material stored in it and after lot of searching, they found the brick. They went to the old man to get his permission to take the brick. The old man said, "Did you re-arrange the godown as it was before the search? You cannot take the brick without arranging the godown as it was before you entered."

This is a fundamental principle of Masonry and Yoga as well. You need to re-arrange things as they are arranged after using them. Otherwise they cannot be used again in future. Just like washing the clothing used yesterday to be used again. They cannot just be thrown away here and there after a use.

So the group of masons again went back to the godown to re-arrange it in its previous due form. Then they came back to him. They wanted to know about that old man. They asked, "How did you know that we will require this brick?" The old man said, "I am a colleague of your Master and wanted to help you but you refused my help initially." Remember, "Never learn to refuse. Never learn to exclude." Always be inclusive. If you are rigid and constrictive, you can never experience the beauty of life. The energies should be free flowing.

Therefore when different perceptions come to you for consideration, then, you should synthesize all the perceptions and then take a decision. It enables collective working and collective progress.

Do not take decisions for others. It is considered a form of violence, an aggression in Yoga, if you decide for others. It may be even a child. Do not think children do not know anything. It is as much a unit of consciousness that you are. Also it is bit fresher compared to you. Sometimes better ideas come from them. It is an aggression to decide for others. You can be suggestive and advisory. My father used to ask all 6 children before deciding on some group activity like going out on some tour during holidays.

One should be consultative and then decide considering all the views. There has to be collectivity in a group. A single flower is not so very beautiful. A group of flowers is so very beautiful to see. The more and more you are individualistic, the more anymore you live a constrictive life which is very insignificant. If 3 or 4 people come to

this function, it is one thing, if it is a gathering of 300 people, look how beautiful it is. The energy is completely different.

Another problem with the individual is that he wants to be first in everything. We want to be first everywhere and we want the best everywhere. That is not evolution. It is an uncultured brute that thinks of being first before others. The human develops as much as he cares for others and shows his compassion towards others. You are a grown-up if you offer it to anything to a younger one and feel happy watching them consume it. When you know this and follow this, you group. That is what Buddha demonstrated to us. When he was offered a grand placement in the Buddhic plane, he said no. He said that until every human on this planet is saved, I will work for them. That is how he has become an embodiment of compassion.

"Be not inquisitive to others' affairs and be not indifferent when others are telling their affairs to you."

So it is both ways. When others tell their problems to you, never ignore them. Listen to them compassionately. He has chosen to vent out his feelings to you. Listen to them patiently. You are also softened by listening.

You do not feel sympathetic of your problems anymore because you know that there are many having problems bigger than yours. You feel like helping them out instead of thinking about your problems. It is an attitude that you develop by listening to others' problems. What also happens is that Divine love flows through you and heals them of their problems. I have examples of people getting relieved just by giving a mail to me. It is enough. Have I done anything? That is the beauty of the Master.

Another thing is, do not be inquisitive of others' problems. When they tell, listen but when they do not, you should not be disturbed. Sometimes we get habituated and egoistic while listening to others problems and we are very much disturbed when they do not relate to you anymore. It is a natural arrangement. So there are two sides of the coin are explained here.

"Do not use Yoga practice for self-healing. Leave your sickness and your problems to the Master. Working for self is basically to the contrary to the principle of Yoga."

Annihilation of the self is the purpose of Yoga. So if you are doing Yoga for yourself, the purpose has failed. Only the Lord should remain and not you. It is called the Nara-Narayana cave. Either the Nara can sit in the cave or the Narayana can sit in the cave. Either the Lord remains in your heart or you sit in your heart. Both cannot sit simultaneously. It can only accommodate one person. So thinking about yourself can be a loophole into which you may fall while in Yoga.

People who do practices develop feelings about themselves which does not serve the purpose. We think a lot about oneself. It is a form of selfishness. It happens for almost every disciple inevitably. He thinks more about the Master than about himself.

When you lose yourself in the divine, lot of activities happens through you. It happened so with many devotees. So when this is the work, where are you? So thinking of yourself all the time leads you into a loophole. When you always think of the Lord, you are absorbed into him. When you absorbed into the Master, the Master

prevails and works through you. That is what is called "at-one-ment". Two becoming ONE is Yoga. You are so well united that you lose your identity. The world sees the disciple only but what is reality is that the Master is functioning through the disciple. That is why each time the disciple says, "It's not me. It is the Master." That is the beauty. You tend to be more and more minimal and even insignificant.

Meera did not remember that she is a member of the Royal family when she was with Krishna in her contemplation. She was moving with sages and sadhus. She was not aware of it as she was with Krishna. Everything was just happening.

So do not worry about yourself or your disease. Do not do Yoga for healing yourself. If the Master is functioning through you, heal others but not yourself. Master will take care of you. Why should you think of healing yourself? Self-healing is a very pitiable situation. This is what I call the trust. The trust in the teacher is important. The teacher is not the form that you see. It is the all permeating principle that is functioning through a form whom we call the teacher. So never think that a teacher cannot solve your problems. It is omnipotent and omnipresent.

In this manner, 13 were the instructions given by Master CVV and when I was going through them, I received some more and we have 40 regulations printed as a book.

Read them and follow them. Do not just read them away. See how best we can bring them into your life. The more and more you bring these regulations into your life, your life is more and more beautiful and splendorous.

We will continue in the evening and cover another 2 or 3 regulations.

-Swasthi